

**The Reality of Worship**  
Psalm Appeal – Part 6 of 10  
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Psalm 90 identifies its author as “Moses, the man of God.” Now Moses was not a “one hit wonder,” he had three. In Exodus 15:1-21, having led by the LORD’s direction and protection out of 400 years of human trafficking in Egypt, Moses and his sister released their duet of redemptive freedom. In Deuteronomy 31:30-32:43, Moses releases his solo single which charts as his “swan song.” This last song aids interpretation of Psalm 90, the psalm of Moses.

The phrase “Reality Check” was first used in 1960. Reality checks meant something that corrects misconceptions by clarifying reality. Psalm 90 posits worship as a reality check for living.

**v. 1 Lord, you have been our dwelling place in all generations.**

1. Life is lost until you find your location in the Lord.

**v. 2b-3 From everlasting to everlasting, You are God. You turn man to destruction and say, “Return, O children of men.”**

2. God lives forever but our earthly lives are short.

**v. 7 For we have been consumed by Your anger, and by Your wrath we are terrified. You have set our iniquities before You, our secret sins in the light of Your countenance.** (Compare Deut. 32:21-22, 51)

3. Accountability for sins is serious. Don’t mock God.
4. Judgement is real and coming. You reap what you sow. (Gal.6:7)

**v. 10 The days of our lives are seventy years; and if by means of strength they are eighty years.... v. 11 For as the fear of You so is Your wrath. So teach us to number our days that we may gain a heart of wisdom.**

5. God is good so wisdom is possible. God is good, so His wrath [His just hostility to selfish patterns] is never arbitrary, whimsical or moody.

**v. 13-15 Return, O Lord! How long? And have compassion on Your servants. Oh, satisfy us early with Your mercy, that we rejoice and be glad all our days. Make us glad according to the days in which You have afflicted us, the years in which we have seen evil.**

6. Gladness can outweigh sadness.
7. Joy comes when we see good times balancing out the bad.

**v. 16-17 Let Your work appear to Your servants, and Your glory to their children. And let the beauty of the Lord our God be upon us, and establish the work of our hands for us; yes, establish the work of our hands.**

8. Joy comes when God shows us His works. The beauty of God’s ways and attributes enthralls. [See the songs of Moses and the Lamb in Rev. 15:3-4]
9. Joy comes when we see the benefit of our work. [See the boldness of Peter in Acts 4:13]

**My Next Step today is to...**

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