

**The Healthy Church, Part 2**  
**1 Thessalonians - Part 8**  
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**August 29, 2021**

**1 Thessalonians 5:16-28 (ESV)**

**1. Consistent Spirituality**

**a. The Persistent Practice of Praise and Prayer**

*<sup>16</sup> Rejoice always, <sup>17</sup> pray without ceasing, <sup>18</sup> give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*

**b. Welcoming the Work of the Holy Spirit**

*<sup>19</sup> Do not quench the Spirit. <sup>20</sup> Do not despise prophecies, <sup>21</sup> but test everything; hold fast what is good. <sup>22</sup> Abstain from every form of evil.*

**2. Whole-Life Holiness**

*<sup>23</sup> Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. <sup>24</sup> He who calls you is faithful; he will surely do it. <sup>25</sup> Brothers, pray for us.*

**3. Connect Everyone**

*<sup>25</sup> Brothers, pray for us. <sup>26</sup> Greet all the brothers with a holy kiss. <sup>27</sup> I put you under oath before the Lord to have this letter read to all the brothers. <sup>28</sup> The grace of our Lord Jesus Christ be with you.*

**a. Connect through Greeting**

**b. Connect through Shared Bible Study**

**c. Connect through Prayer**

**My Next Step today is to...**

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